

Ablaufplan MDM Blockwettkampf

| Zeit | Block S/S (14/10) | MJ U16 Block Lauf (07/08) | Block Wurf (08/04) | Block S/S (09/15) | WJ U16 Block Lauf (04/08) | Block Wurf (06/07) | Zeit |
|-------|----------------------|---------------------------------|-----------------------|----------------------|---------------------------------|-----------------------|-------|
| 10.00 | | 80 m Hü | Kugel | Weit 1/2 | Ball | | 10.00 |
| 10.10 | | | | | | 80 m Hü | 10.10 |
| 10.20 | | | | | | | 10.20 |
| 10.30 | | | | | | | 10.30 |
| 10.40 | 80 m Hü | | | | | | 10.40 |
| 10.50 | | Ball | | | 80 m Hü | Kugel | 10.50 |
| 11.00 | | | 80 m Hü | | | | 11.00 |
| 11.10 | | | | 80 m Hü | | | 11.10 |
| 11.20 | | | | | | | 11.20 |
| 11.30 | Hoch 1/2 | | | | | | 11.30 |
| 11.40 | | 100 m | Weit 1 | Speer | Weit 2 | | 11.40 |
| 11.50 | | | | | | 100 m | 11.50 |
| 12.00 | | | | | | | 12.00 |
| 12.10 | | | | | | | 12.10 |
| 12.20 | | | | | | | 12.20 |
| 12.30 | | | | | | | 12.30 |
| 12.40 | | Weit 2 | | 100 m | | Weit 1 | 12.40 |
| 12.50 | Speer | | | | 100 m | | 12.50 |
| 13.00 | | | | | | | 13.00 |
| 13.10 | | | 100 m | | | | 13.10 |
| 13.20 | | | | Hoch 1/2 | | | 13.20 |
| 13.30 | | | | | | | 13.30 |
| 13.40 | 100 m | | | | | Diskus | 13.40 |
| 13.50 | | | | | 2000 m | | 13.50 |
| 14.00 | | 2000 m | | | | | 14.00 |
| 14.20 | | | | | | | 14.20 |
| 14.30 | Weit 1/2 | | Diskus | | | | 14.30 |
| 14.40 | | | | | | | 14.40 |
| 14.50 | | | | | | | 14.50 |

Die angegebenen Zeiten sind Richtzeiten. Bitte auf die Durchsagen achten!